

Hockey (Field)

Secondary - Interschool 2019

HIGH RISK ACTIVITY

- Consult [Risk Management](#).
- This activity page must be presented to the activity provider prior to the activity taking place. The activity provider must meet the minimum requirements listed on this page. For more information on planning trips using outside providers, consult [Outside Activity Providers](#).
- All rules related to stick infractions must be implemented. Consult the [Ontario Field Hockey Association](#) Rulebook.

PART A: FROM TDCAA CONSTITUTION

TDCAA GIRLS FIELD HOCKEY IS AN OFFICIAL TDCAA ACTIVITY. FIELD HOCKEY FOLLOWS OPHEA, OFSAA, AND THE INTERNATIONAL HOCKEY FEDERATION (FIH) PLAYING REGULATIONS.

REGISTRATION

SCHOOLS MUST REGISTER FOR FIELD HOCKEY AT DESIGNATED TIME. A SCHOOL MAY WITHDRAW ITS TEAM BEFORE DISTRIBUTION OF THE FINAL SCHEDULE. THEY WILL BE CHARGED ONLY THE \$ 25.00 REGISTRATION FEE.

A SCHOOL WHO WITHDRAWS ITS TEAM AFTER THE SCHEDULE HAS BEEN DISTRIBUTED WILL ASSUME THE FOLLOWING ACTIONS;

- AUTOMATIC \$100 FINE
- AUTOMATICALLY INELIGIBLE FOR COMPETITION IN FIELD HOCKEY THE FOLLOWING YEAR. (THIS CAN BE APPEALED TO THE TDCAA EXECUTIVE)

ELIGIBILITY/TRANSFERS

Athletes must be eligible for competition under the TDCAA Constitution, By-Laws and Standing Rules.

- All eligibility is completed electronically through Athletic Eligibility List System (AELS) which is coordinated through the OFSAA office. Athletic Directors have the code for their schools to access AELS.

- Eligibility must be completed before the first league game. (This should really be done before first practice)
- All coaches and players must be listed on the eligibility.
- Approved transfers are included on the eligibility form. Athletes who have not been approved must not be included until the athlete has been approved.
- All students who transfer into your school (excluding Grade 9-first year of high school) are ineligible for competition for a period of twelve months from the date of transfer. To become eligible, transfer students must complete the "TRANSFER APPEAL FORM" fully and forward to the TDCAA Transfer Chairperson (Lorraine Kelly - Senator O'Connor or Tavia Ferreira - St. John Paul II) . An athlete is ineligible to play in any games (league or exhibition or tournament). The athlete may practice with the team until the transfer has been approved and the athletic director has been notified.
- An student who transfers into your school in second semester is ineligible to compete in winter sports (Alpine Skiing; Snowboarding; Swimming; Jr & Sr.Girls Volleyball, Boys & Girls Hockey, and Jr & Sr. Boys Basketball even if their transfer is approved

ELIGIBILITY/AGE

- Girls only
- Open Grades 9-12
- ATHLETE IS ELIGIBLE TO COMPETE IN HIGH SCHOOL SPORTS FOR FIVE YEARS FROM THE TIME THEY ENTERED GRADE NINE AND WERE BORN IN 2001 - 2002 OR LATER. ATHLETE MUST MEET BOTH REQUIREMENTS.
FOR THE 2019 SEASON , AN ATHLETE WHO ENTERED GRADE NINE BEFORE SEPTEMBER 2015 IS INELIGIBLE.

ELIGIBILITY FOR THE TDCAA AND OFSAA IS BASED ON THE ATHLETES YEAR OF BIRTH.

SEASON	NOVICE	JUNIOR	SENIOR
2019 - 2020	2005 OR LATER AND IN GRADE 9	2005 OR	2000 OR LATER

ELIGIBILITY / ACADEMICS - ATHLETE MUST BE A BONA FIDE STUDENT AT THEIR SCHOOL

STUDENTS WITH LESS THAN 22 CREDITS

NON SEMESTERED SCHOOL - MUST BE REGISTERED IN A MINIMUM OF SIX (6) FULL DAY SCHOOL CREDIT COURSES.

SEMESTERED SCHOOL - MUST BE REGISTERED IN A MINIMUM OF THREE (3) FULL DAY CREDIT COURSES IN THE SEMESTER THAT FIELD HOCKEY TAKES PLACE (FALL)

STUDENTS WITH MORE THAN 22 CREDITS

NON SEMESTERED SCHOOL - MUST BE REGISTERED IN A MINIMUM OF FOUR (4) FULL DAY SCHOOL CREDIT COURSES

SEMESTERED SCHOOL - MUST BE REGISTERED IN A MINIMUM OF TWO (2) FULL DAY CREDIT COURSES IN THE SEMESTER THAT FIELD HOCKEY TAKES PLACE (FALL)

PART B: SPORT SPECIFIC INFORMATION - GIRLS FIELD HOCKEY

FIELD HOCKEY RULES: EXCEPTIONS TO OFSAA AND FIH RULES

Competitions shall be governed by the official rules of the Federation Rule Book/OFSAA with the following TDCAA/OFSAA exceptions:

Unlimited Players- Teams must have all players on the team roster. All players must be 10m from the sidelines(safety) OFSAA- 20 players on the team roster

Short Corners: The ball must come out of the circle (ball must be controlled/discretion of the ref) and then brought into the circle and shot or flicked on the net.

Substitutions: Unlimited, Both teams must be on the same side of the field to regulate substitutions

Length of Game: All games consist of two halves of 30 minutes with a five minute half time.

DEFAULT:will follow TDCAA rules

Win- goes automatically to non-default team

5 Goals For will go to the non-default team

Default appeals- Paul Solarsky

*If a team cannot play the game- Team will forfeit the game and will be responsible for costs(ref/field)

Making Changes: Please contact the other coach/convenyor via e-mail/phone, THE CONVENYOR WILL CONFIRM THE NEW GAME DATE/LOCATION/REFEREE

OFFICIALS:

At least one certified official must be provided. In case of game cancellation the umpires shall be paid if they could not be notified in advance.

Each team must bring \$35.00 to each game to pay the umpire(65.00 TOTAL), \$35.00 for the playoffs.

The umpire must sign the game sheet before it is sent to the convenor.

SCORING:(24Hrs to report score)

Both teams must complete the game sheet. Game sheets will be used to keep score. Both teams will notify the newspapers and the Convenor of the game results. The game sheet must be forwarded to the convenor. (fax/e-mail/interoffice)

24HR RULE TO REPORT THE SCORE.*Please note reporting score

UNIFORMS:

If possible, each team should have a distinctive uniform with numbered shirts. If there is doubt, the home team should provide pinnies.

EQUIPMENT

- Mouth and shin guards must be worn by all players
- Goalies must have correct safety equipment
- Home team will provide a game ball and first aid kit/ice
- Proper field hockey nets should be used when possible
- Fields for playoffs shall be regulation size, must have nets and be properly lined

LENGTH OF GAME:

Two thirty minute halves, with five minute half time.

Start of the game: a five minute warm up even if the visiting team is late.

SCHEDULING:

- Schedule will be developed by the convenor.
- A rough copy of the schedule shall be sent to coaches to check for conflicts. Coach and athletic director will have one week to sign off on their schedule.
- A final schedule will be sent to both athletic director and coach.
- No changes will be permitted to the final schedule unless made by the Executive.
- Failure to play a game will result in forfeiture.
- Rescheduling: under these two conditions
 - 1) Weather or field conditions do not permit the game to be played
 - 2) Official does not show up for the game

***REPORTING SCORES

Results of all games are to be reported by both teams to the following groups within 24 hours of the scheduled game:

- 1) the convenor- annpatricia.fearon@tcdsb.org (416-347-1810)

- 2) the TDCAA web site - Joe Sileika - scores@tdcaa.org
- 3) Peter Morris- [morriss@sympatico.ca](mailto:morrisis@sympatico.ca)

When reporting score: to your convenor, to TDCAA web site and Peter Morris the following must be stated:

1. Sport Played
- 2 Date and Location of the Game
3. Girls or Boys
4. Junior or Senior
5. Home Team and Score
6. Visiting Team and Score

***You have until NOON the day following your game to report the scores to the three groups listed above. Peter will always acknowledge receipt of the e-mail
PENALTY- \$20.00 fine will be assessed both teams if the score is not reported.**

PLAYOFF FORMAT

The top four teams from each division will advance to the playoffs.
Home team advantage is awarded to the first and second place finishers in each division.
However, if proper nets are not available:

- 1) the first or second place finisher is given the opportunity to find a suitable playoff site with nets;
- 2) the opponent will be allowed to host a home game provided that proper nets are available

East and West Divisions

Quarter Finals

- Game 1: 4th East vs 1st West
Game 2: 3rd East vs 2nd West
Game3: 3rd West vs 2nd East
Game 4: 4th West vs 1st East

Semi Finals

- Winner Game 1 vs Winner Game 3
Winner Game 2 vs Winner Game 4

***Championship Game 1st followed by Bronze Medal Game**

Championship Game 1:00pm

Bronze Game-2:30pm

Playoff tie breaking:

- a) The tie will be broken by 2 x 7.5 minutes of overtime with 5 minutes rest
- b) If still tied, 5/5 alternating flicks(Penalty Strokes)
- c) If still tied, sudden victory flicks(Penalty Strokes)

LEAGUE TIE BREAKING PROCEDURES:

In the event of a tie in the final standings, the following steps will be used to break the tie:

- a) head to head
- b) goal differential
- c) goals against

- d) goals for
- e) tie breaking flip of a coin

Medals: Gold, Silver, Bronze

Pennants: Championship & Finalist

SUPERVISION:

For all TDCAA activities, there must be sufficient supervision of players at all times.

- Teams should not arrive at the visiting school before the coach arrives. If the coach is unable to arrive with or ahead of players, the home team should be informed.
- The Coach must remain with players at all times after the conclusion of the game. If players are traveling on TTC/cabs/cars, a coach must remain with the players until all players have safely left the school or boarded the bus.
- If TTC bus stop is some distance from the school or site of the game, the coach must travel with the players and remain with the players until they have safely boarded the bus.
- A game cannot begin unless there is a teacher coach on the bench. A Community coach must be accompanied by a teacher from the school before a game can commence

PART C : COACHING QUALIFICATION., FIRST AID, CONCUSSION PROTOCOL

**PLEASE READ THIS SECTION ON COACHING QUALIFICATION, FIRST AID
REQUIREMENTS, AND CONCUSSION PROTOCOL**

YOU WILL BE REQUIRED TO SIGN OFF ON ALL ISSUES.

COACHING QUALIFICATIONS

**AT LEAST ONE COACH MUST POSSESS ONE OF THE FOLLOWING
QUALIFICATIONS**

- NCCP Community Sport Coach - Community Coach Course
 - NCCP Competition Coach- Competition Coach Course
- Completion of field Hockey Level 1 and/or Level 2 Certification in the past
 - Accreditation as NCCP field Hockey Learning Facilitator
- Attendance at a clinic or workshop within the past three years provided by an instructor who is knowledgeable of the activity and where safety is addressed as outlined by Ontario Physical Activity Standard in Education (OPASSE)
- Past Experience within the last three years as a coach in field Hockey having knowledge of the activity (Appropriate skills & progressions) and Current Safety Practices as outlined by OPASSE

FOR FURTHER INFORMATION ON SPORT SPECIFIC NCCP TRAINING,
VISIT www.coach.ca

FIRST AID

ONE PERSON MUST TAKE RESPONSIBILITY FOR PROVIDING FIRST AID TO THE INJURED ATHLETE.

MINIMUM REQUIREMENT : PERSON FIRST AID CERTIFICATION FROM RECOGNIZED PROVIDER THAT INCLUDES

- CPR B OR C
- Training in head, neck & Spinal Injury management
- Must be in the area and readily accessible during the entire practice/competition
- Be aware of schools' first aid emergency action plan and follow their first aid emergency response
- Must follow school boards concussion protocol for a suspected concussion.
- Cannot be a participant in the activity

• CONCUSSION PROTOCOL

- THE TORONTO CATHOLIC DISTRICT SCHOOL BOARD MANDATES THAT ALL COACHES READ THE CONCUSSION WORKSHOP . HOPEFULLY , YOU HAVE COMPLETED THE COURSE. FOR INDEPENDENT SCHOOLS, I WILL SEND YOU THE LINK FOR YOU TO TAKE THE COURSE.
- ALL COACHES MUST COMPLETE THE WORKSHOP.

Concussion awareness /Coaches sign off - google doc:

Excerpt from memo to principals - In accordance with updates to Policy/Program Memorandum 158 - School Board Policies on Concussion, the TCDSB has established a TDCAA Coaches Concussion Code of Conduct for those individuals participating in board-sponsored interschool sports. All Coaches and Trainers working directly with students must complete and submit the following Code of Conduct prior to commencing any athletic activity with students beginning January 31st 2020.

Each coach coaching your school team is required to complete the Coaches Concussion Code of Conduct once per school year. After coaches have completed

the Code of Conduct the school board will receive confirmation that it has been completed successfully. This tracking document will be shared with Principals who can track and review the information to ensure that their coaches have completed the Code of Conduct prior to tryouts. The Concussion Code of Conduct will only take a few minutes of their time, however we ask that coaches carefully read and review each point.

- Send out the following link to the Coaches Concussion Code of Conduct to your coaching staff by January 31st, 2020 (<https://forms.gle/vSLs7WJp#fmBQXff7>)